

RangeView

SPECIAL HOLIDAY EDITION 2004

A Publication of Iron Range Resources

Celebrating the Iron Range's holiday heritage

Mmm, good!

In kitchens across the Iron Range, the holidays are marked by the preparation of treasured old-world foods. Descendants of immigrants cook with passion and dedication to please their loved ones and to pass on their ethnic heritage.

This holiday season, food will be one part of a new festival of multi-ethnic holiday traditions.

The Festival of Lights and Christmas around the World

On Saturday, December 11, from 10 a.m. to 7 p.m., and Sunday, December 12, from noon to 4 p.m., Ironworld Discovery Center at Chisholm will be the site of "The Festival of Lights and Christmas around the World." The event will feature trees decorated in the ethnic traditions, displays of holiday customs, traditional holiday foods of area immigrants, music and dancing.

The event has been organized by volunteers led by Veda Ponikvar of Chisholm. It is free and open to the public.

The idea grew from discussions of members of the All Slav Association and an ad hoc volunteer group called the Ironworld Citizen's Committee. Together, they approached Ironworld managing director Marianne Bouska with a proposal for a holiday celebration.

"We wanted to do something at Ironworld," said Ponikvar. "We want people to enjoy the history and heritage of this area, and it's all being done by volunteers. Preserving our ethnic heritage is important."

When plans were announced, regional ethnic groups responded enthusiastically.

"We filled a large meeting room. They all came — the Italians, Finns, Slavs, Norwegians, Swedes, Ukrainians, Greeks, Hungarians, Russians, the Jewish people. We knew they'd come," she said.

Bouska is pleased that Ironworld was asked to host the event. "We welcome this opportunity to provide a venue for community volunteers from across the Range to share their ethnic and cultural traditions," she said.

The groups will decorate trees and present

Cooking on the Range is a 228-page cookbook prepared by Ironworld Discovery Center and WDSE-TV. It features the old-world recipes of Iron Range immigrants like kolacki, Swedish pancakes, potica, pasties, Finn biscuit, gnocchi and many more. It is available at Ironworld or by calling 1-800-372-6437.



Above: Val Amistadi has taught her daughter Heidi Nyhus and granddaughter Sarah Amistadi how to prepare the Ukrainian and Italian foods that are their heritage.

holiday traditions brought to America by their immigrant families. The Festival of Lights segment will recall the traditions of the Range's Jewish community. Members of the Russian Orthodox church will bring religious treasures.

Many will come in native dress. There will be entertainment, music and storytelling.

And, as with any good Iron Range event, they'll bring food — Greek baklava; Italian pizzelle, biscotti and costagnoli; Slavic poticas, strudels and palacinke; Ukrainian kokacki and Napoleons; Finnish cardamom bread; and more from other groups.

Cooking is the tie that binds generations

Valentina Amistadi of Chisholm is helping to prepare the Ukrainian exhibit and foods for the Festival of Lights and Christmas around the World. Val came to the United States when she was 15 years old. She is Ukrainian; her husband

Romalo is an Italian-American whose family came from the Trentini area of Italy. Their combined heritage and Val's culinary talents make for a household rich in ethnic foods.

Val learned how to cook from her mother. She learned by doing — amazing delicacies like Ukrainian Napoleons, a dessert featuring 14 layers of thin sourdough crust (each baked separately on a cookie sheet) alternated with layers of vanilla cream filling. Her German apple strudel is delicate and delicious. She also makes Italian pastries like pizzelle, biscotti and fatigman, and a delicious antipasto.

In turn, Val's daughter Heidi Nyhus has learned to cook from her mother. "Like mother, like daughter," she said. "With seven children in the family, it was always, 'Mange! Mange!' (Eat! Eat!) in this house."

Val said she and other Ukrainians are participating in the heritage festival "in honor of our mothers."

Holiday Heritage, cont'd on pg. 4



INSIDE:

Winter Festivities

Commissioner's letter
PAGE 2

Regional festivals and events
PAGE 2

Snow adventures
PAGE 3

Giants Ridge is ready for the holidays
PAGE 3

Ely, Minn., celebrates winter
PAGE 4

Ethnic foods made to order
PAGE 4



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RangeView

P.O. Box 441, Eveleth, Minnesota 55734

Dear *RangeView* Readers:



As we approach the end of the year and the festivities of the holiday season, it is inspiring to look back and realize

that this past year was a very significant watershed for the Iron Range. Not only have we stemmed the backslide that started with the closure of LTV's taconite mining and production facility in Hoyt Lakes, but we have succeeded in reversing the closure of EVTAC through its reincarnation as United Taconite under joint American and Chinese ownership.

In fact, it is almost mind boggling to imagine the tremendous forces of change that have so significantly affected our region in just this past year. We have moved from a position once focused on protectionism to one that is highly interconnected to the world economy by every measure. Whether it is partial Chinese ownership of an Iron Range taconite plant, Chinese market potential for other producer's pellets, or growing foreign ownership of the region's paper and board mills, it is evident that the economy of northeastern Minnesota is truly global.

Add to that, significant developments in value-added projects like Mesabi Nugget and growth in our service sector employment such as the recent expansion by Blue Cross/Blue Shield of Minnesota in Virginia, and we have good reason for capping this current year with a real sense of optimism.

In digesting all of this change and the potential it holds for us now and into the future, it is reassuring to reflect upon the traditions, activities and festivities that keep us connected with our sense of place and the rich roots to our past.

So, I hope you will enjoy this special holiday edition of *RangeView* as we focus on family holiday traditions that are being preserved and passed on from generation to generation; winter festivals that add warmth and enjoyment to the northern winter; great skiing for all ages at Giants Ridge; and, the opportunities that abound in picturesque Ely.

Have an enjoyable holiday season with best wishes for the coming year.

Sandy Layman

Sandy Layman
Commissioner

Festivals celebrate area heritage

Ethnic groups brought their own values, customs and traditions to north-eastern Minnesota. This rich heritage shines through in celebrations across this great melting pot — from the German/Bavarian (Weihnachtsfest) to the Finnish (Laskiainen).

Local celebrations reflect the spirit of the people and the traditions of the past. They also celebrate winter in unique yet entertaining, sometimes offbeat ways.

Get into the spirit and join in the fun at any of the following events.

Fish House Parade

Aitkin • November 26, 2004

A tradition for young and old alike, the Fish House Parade has been written about in *USA Today*, heard worldwide on Voice of America radio, and televised on Comedy Central, A&E and HGTV. Aitkin organizes three major festivals each year, and this is one of the most popular.

Whether it's their fur trade heritage, their history as a riverboat transportation center or their fascination with winter and the joys of ice fishing, the people of Aitkin find reason to celebrate and are eager to share the experience.

This year's 14th annual Fish House Parade is not to be missed — if not for the wild and crazy floats then for the sheer spirit of the people of this area and

their determination to show off their dressed-up ice fishing houses.



Imagine a parade where Santa stands atop the local newspaper building with a bazooka gun. He's very friendly, though, and shoots colored Ping-Pong balls. Depending on the color, they are worth a certain percent off at any store in town that day. As various ice fishing-themed floats pass along the street, some proud owners toss out Polish sausages instead of candy to excited bystanders. This is great family fun while giving visitors a glimpse of Aitkin's heritage.

Weihnachtsfest

Biwabik • December 4, 2004

Held the first Saturday in December, this winter lighting festival has been part of Biwabik's holiday tradition for the past 18 years. The Bavarian theme found throughout the town is a treat to the senses and is designed to bring out the special flavor of simpler days.

Activities begin at 11 a.m. with a children's musical presented by area youth. Visitors can stroll down the quaint main street browsing craft tables at the local church, senior center and the Bavarian-themed City Hall Complex. Near Carl Schuster Memorial Park, step up to the Weihnachtsfest Candy Haus, where boxes of homemade sweets are for sale.

The day's festivities also include horse-drawn trolley rides, carols and ethnic delicacies like sarmas (meat and rice rolled in cabbage leaves); pasties (a hot meat pie); Italian beef sandwiches; cardamom bread and Slavic potica (a walnut-filled sweet bread).

At 6 p.m., everyone gathers by the park gazebo at the center of town to sing carols as the switch is flipped, and the entire park is decorated with sparkling white lights. Fireworks illuminate the dark winter sky afterwards.



The Laskiainen Winter Sliding Festival

Palo • February 5 – 6, 2005

The Finnish Sliding Festival, held at the Loon Lake Community Center in Palo, Minn., is one of the longest, continuously held Finnish-American festivals in the United States. Sponsored by the Town of White, the festival is held annually during the first weekend in February.

The day consists of sliding, skating, cross-country skiing, crafts, marketplace, music, and a museum followed with a traditional Finnish pea soup dinner and other Finnish delicacies including squeaky cheese and mojakka (stew). This popular event attracts thousands of visitors to experience camaraderie in a festive environment every year.

The Vipu Kelkka, a specially designed Finnish whip sled, delights children, and young and old alike enjoy sliding down the iced hills. The spirit of family fun truly dominates this "festival for all ages."

Winter Events Schedule

November 25:
Thanksgiving Night Shopping: Ely

November 26:
14th Annual Fish House Parade: Aitkin

December 4:
Yuletide Logging:
Northwoods Camp #1
Christmas Program:
Forest History Center: Grand Rapids

December 4:
Weihnachtsfest: Biwabik

December 11 – 12:
The Festival of Lights and Christmas around the World: Ironworld Discovery Center: Chisholm

December 27 – January 1:
Mush with Dogs, Howl with Wolves at the International Wolf Center: Ely

January 2:
105th Audubon Christmas Bird Count:
Grand Rapids

January 14 – 16:
Lake Vermillion Long John Days: Tower

January 15 – 17:
Family Dogsledding Excursion
International Wolf Center: Ely

January 21 – 23:
Mush with Dogs, Howl with Wolves
International Wolf Center: Ely

February 3 – 6:
Voyageur's Winter Festival: Ely

February 5 – 6:
Laskiainen Finnish Sliding Festival: Palo

February 24 – 27:
National MS Society Sno Rally: Tower

March 4 – 6:
Alpine Ski Challenge
Giants Ridge Golf and Ski Resort: Biwabik

RangeView

RangeView is a publication of Iron Range Resources featuring the resources and opportunities of northeastern Minnesota. The state agency has a regional focus to diversify the economy of northeastern Minnesota.

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Driftin' Away

Winter brings cold-weather fun

In northern Minnesota, winter is something to brag about. Cold temperatures and heavy snowfalls draw hearty souls who embrace the elements.

With thousands of miles of trails, hundreds of lakes and plenty of equipment rental places available, visitors and residents alike can choose their favorite form of winter fun.

Snowmobiling

In the winter, snowmobiles, commonly known as "sleds," outnumber cars and trucks in some parking lots — in large part because many establishments are just a short ride to some of the region's 4,000 miles of groomed snowmobile trails. This extensive network includes trunk trails such as the 170-mile Taconite Trail connecting Grand Rapids and Ely, the 86-mile Tomahawk Trail linking the Iron Range to the North Shore and the Arrowhead Trail that heads north to International Falls. Along the way, snowmobilers can explore majestic scenery such as that found along the Laurentian Trail that runs from just north of Virginia to Giants Ridge Golf and Ski Resort near Biwabik.

After a day on the trails, travelers find refreshment at restaurants and lounges across the region, from lakeshore resorts to quaint pub-style establishments tucked deep in the woods. Area hotels and resorts offer special lodging packages, as well. Visit www.wildnorth.org for more information.

Other online resources make it a snap — actually a click! — to check snow depths and trail conditions. The Minnesota Department of Natural Resources' web site, www.dnr.state.mn.us/snowmobiling, is one such site. The site also provides important information on changes to the state's metal traction (stud) permit policy, as well as vehicle registration and state trail permit requirements.

Skiing

Northeastern Minnesota's rugged landscape and frequent snowfalls create the perfect conditions for ski enthusiasts to enjoy the outdoors. Those who prefer the thrill of downhill (alpine) skiing can take on the 34 runs at Giants Ridge Golf and Ski Resort in Biwabik, or head to Lutsen Mountains at Lutsen. Both facilities offer slopes that challenge skiers of all abilities, as well as lessons and special events throughout the season.

On-site and nearby restaurants and lodging facilities make it a breeze to find a cozy spot to dine or relax. Many also offer mid-week or other specials to help visitors get the most from their visit.

Hundreds of kilometers of cross-country (Nordic) ski trails wind through the Superior National Forest, providing a scenic setting with meticulously groomed trails. The U.S. Forest Service, the Minnesota Department of Natural Resources, volunteers and resorts maintain and groom the trails. Skiers need a Minnesota ski pass for some trails. Visit www.dnr.state.mn.us/skiing/northerntrails for more information.

Other adventures

After freeze-up, dedicated fisherfolk head out on area lakes to ice fish. This time of year, vehicles and fish houses replace the boats that dot area lakes in summer, but the goal is the same: to land that trophy fish. Minnesota fishing licenses expire the last day of February, giving anglers plenty of time to hook into "the big one." Resorts, guide services and outfitters from throughout northeastern Minnesota offer fish house rentals, allowing anglers to fish in cozy comfort.

The most adventurous winter enthusiasts may want to try their hand at dogsledding or winter camping. Outfitters and dogsled adventure companies abound in the Ely area and on the North Shore. Outings can range from overnight jaunts to week-long trips deep into the Boundary Waters Canoe Area Wilderness.

Birding is one of the more unique winter experiences the region offers. The American Bird Conservancy has named Superior National Forest one of the top 100 important bird areas in the world, home to more than 175 species, including hawks, owls, finches, osprey, eagles, snow buntings.

For off-highway vehicle enthusiasts, the Iron Range Off-Highway Vehicle Recreation Area near Gilbert is open week-ends from November 30 to April 30. Riders will discover trails with diverse features and a year-round clubhouse. Minnesota's Department of Natural Resources operates the facility, which is open 8 a.m. to one hour before sunset Friday-Sunday in winter months, daily the rest of the year.

Many communities also host festivals celebrating winter (see previous page). Events like the Fish House Parade in Aitkin and Laskiainen in Palo help break up the long season and give people a reason to gather.

Getting information

The following resources provide information on area winter activities and lodging.

Aitkin Area Chamber of Commerce
800-526-8342 • www.aitkin.com

Ash River Trail Resort Association
800-950-2061 • www.ashriver.com

Crane Lake Resort Association
800-362-7405 • www.cranelake.org

Cuyuna Range Chamber of Commerce
800-950-2898 • www.cuyunarange.com

Ely Chamber of Commerce
800-777-7281 • www.ely.org

Grand Marais Chamber and Visitor Info
888-922-5000 • www.grandmaraismn.com

Grand Rapids Convention and Visitors Bureau
800-GRAND-MN • www.grandmn.com
www.visitgrandrapids.com

Gunflint Trail Association
800-338-6932 • www.gunflint-trail.com

Iron Trail Convention and Visitors Bureau
800-777-8497 • www.irontrail.org

Lake Kabetogama Resort Association
800-524-9085 • www.kabetogama.com

Lake Vermilion Resort Association
800-648-5897 • www.lakevermillionresorts.com

Lutsen-Tofte Tourism Association
888-61-NORTH • www.61north.com

Pelican Lake Resort Association
800-777-4690 • www.pelicanlakeresorts.com

Two Harbors Chamber of Commerce
800-777-7384 • www.twoharbors.com/chamber



'Tis the season at Giants Ridge

Late November means more than turkey and fixin's. It's also "snow time" at Giants Ridge Golf and Ski Resort. The mountain typically opens Thanksgiving weekend, meaning the facility is already geared up for another busy season.

Guests can spend some or all of their long holiday weekend on most of Giants Ridge's 34 alpine runs, or out on portions of the 60 kilometers of cross-country trails that crisscross the property.

Thanksgiving isn't the only holiday to spend on the slopes. Giants Ridge will be open Christmas Day, from 1 to 8 p.m., and on New Year's Day from 9 a.m. to 8 p.m.

Special "Ski Christmas Day" and "Ski Midweek" lodging packages are available at select area lodging properties, and include special lodging rates and other perks. Guests can ask for more information at participating properties, or visit www.giantsridge.com. The Lodge at Giants Ridge and Villas at Giants Ridge provide convenient accommodations. The Lodge is a ski-in, ski-out facility, with locker areas, equipment storage and a wax-

ing room. The Villas provide luxury accommodations for groups of two to 12 adjacent to the ski area, with some units offering a fireplace, whirlpool, kitchenette and washer and dryer.

When it comes to group ski outings, Giants Ridge is the easy choice. Group rates on lift tickets, rentals and lessons are available; contact Jeff at Giants Ridge at 800-688-SNOW, ext. 3020 for more information.

Skiers will notice some changes at Giants Ridge, both indoors and out. The Pine Cone Cafeteria has been renovated and offers an expanded menu that includes more cold food options, such as salads and wraps. The Pine Cone Grill will offer hot chicken wings, pizzas, hot sandwiches and hot and cold beverages.

The Beginner's Area has been expanded by one-third and now features a Magic Carpet® surface lift. This cutting-edge device works like a moving sidewalk: skiers simply step on and are carried to the top of the hill. In the terrain park, snowboarders will see six new intermediate-level features. These include solid rails and snow jumps designed to help boarders learn to

ride rails and kickers.

Special events highlight each season, and 2004-05 is no exception. Among more than 30 events this season, Giants Ridge is pleased to host the Alpine Ski Challenge in December and the Minnesota State High School League Alpine and Cross-Country Championships in February, along with the 21st annual Pepsi Challenge in January. Various snowboarding and high school downhill and cross-country competitions are scheduled throughout the season. The Mesabi East High School Cross-Country Invitational, to be held January 8, 2005, is the largest high school event at Giants Ridge, attracting 1,200 students each year. A snowmobile Hill Cross will wrap up the season April 2-3, 2005.



Ely – Spirit of the North

Ely, Minn., is the benchmark for “northern”— tall pines, moose, canoes, sparkling lakes (frozen in the winter). For the holidays, Ely serves up a special “Get you in the Holiday spirit” Thanksgiving shopping night and, during February, a winter festival second to none.

Ely also offers some of the finest shopping and most intriguing gifts anywhere. Many shops feature handcrafted items made right in Ely.

Thanksgiving Night Special Shopping Event

Thanksgiving night, November 25
6 p.m. – 9 p.m.

Ely rolls out the holiday red carpet on Thanksgiving night from 6 to 9 p.m.

According to John Mills, of J.D. Mills, the special shopping event has grown over the years. “Shopping on Thanksgiving night has been a tradition for nearly 15 years, and it has become quite a big event in the community,” he said.

Area retailers help shoppers get into the holiday spirit and give them opportunities to get their Christmas shopping started. Join in for a night of fellowship as Ely merchants open their doors for the Christmas season kick-off.

Downtown merchants are decked out for the holidays, and many offer specials. At the Ely Surf Shop that evening, listen to the music of Pat Surface, Eli Bissonette and Friends for vibrant, uplifting blends of folk,

bluegrass, Celtic, classical, gospel and swing music.

Shops throughout downtown offer refreshments including hot apple cider, hot cocoa and Christmas snacks.

Voyageur Winter Festival 2005

February 3 – 6, 2005

This celebration highlights the unique culture, history, art and traditions of the Ely area. The festival’s hallmark event is the Snow Sculpture Symposium where local, state and international artists carve intricate snow sculptures.

In conjunction with the event are a downtown merchants Art Walk, a spaghetti dinner, “kwazy wabbit” pool tournament, craft fair and fabric art exhibit, family fun in the park day, a Boundary Waters Blues Dance and more. Fun-filled events are planned to appeal to all ages.

The festival is one of three annual celebrations that draw thousands to Ely. The others are the Blueberry Arts Festival in July and the autumn Harvest Moon Festival. Contact: www.voyageurwinterfestival.com.

Shopping opportunities abound!

Ely is home to a number of artistic shops that reflect the personality of the town and its recreational, wildlife and cultural offerings. Items range from north woods gifts, regional art, rustic furniture and clothing. The following are just a sampling of the one-of-a-kind products available in Ely.

Steger Mukluks

Steger Mukluks has been in business since 1986 and specializes in making moosehide mukluks that are twice as warm and one half the weight of traditional winter boots. They are made in the northern Cree Indian style and have durable, flexible and treaded rubber soles.

While on a 1982-83 Arctic Dogsled Expedition, Patty Steger focused on the native culture and skills. It was then that

she wore her first pair of mukluks. She was amazed at the warmth and comfort and learned from the native women how to handsew both mukluks and moccasins.

In 1985, she began making footwear in her home for those who provided the leather.

Now, Steger Mukluks is located on Ely’s main street, and their factory produces 14,000 pairs of footwear each year. Contact: (218) 365-6553, 1-800-MUKLUKS, www.mukluks.com.

Wintergreen Designs

Wintergreen Designs provides northwoods apparel handmade in Ely, Minn. Susan and Paul Schurke began their business in their garage, where they initially crafted Eskimo-styled apparel from new synthetic fabrics. The true test of the durability and warmth of these clothes took place during Paul’s and Will Steger’s North Pole Expedition where temperatures plummeted to -70°.

Eventually, Wintergreen outgrew its humble beginnings and found a home on Ely’s main street. It grew to include a retail and catalog operation, 40 employees and three buildings. Clothing products include anoraks, Polartec® microfleece hats, Hollofil socks, Wintergreen mittens, coats and jackets for children, men and women. Contact: 218-365-6602, www.wintergreendesigns.com.

Brandenburg Gallery

For more than 20 years, Jim Brandenburg traveled with *National Geographic* and has won more prestigious awards than any other nature photographer. Contact: 218-365-6563, www.jimbrandenburg.com.

Kondos Outdoors

Kondos manufactures many styles of canoe packs and camping equipment, including the “Kondos Pack.” They also manufacture dogsled equipment. Contact: 218-365-4189, www.kondosoutdoors.com.

Piragis Northwoods Company

Piragis Northwoods is a store for those who love the wilderness. It is filled with clothing, canoes, kayaks, camping gear, books and gifts. Contact: 218-365-6745, 1-800-223-6565, www.piragis.com.

Razor Edge Systems

These knife-sharpening products are known worldwide for producing the sharpest edges possible. They are handcrafted in Ely with great pride. Contact: 218-365-6419, www.razoredgesystems.com.



Holiday Heritage, cont'd from cover

As Val gently pressed together the edges of a potato and cheese filled pyrohy (small dumpling), she said things have changed a bit since her mother’s day.

“In the old days, we didn’t even have cheese to put in them. It was just potatoes. They did without a lot back then,” she said.

Ethnic foods made to order

Across the Iron Range, several businesses specialize in making and shipping fresh ethnic products. Potica (po-teet-sah), an old-world pastry, is a delicious, sweet, walnut-filled bread roll. Brought to Minnesota by Slavic immigrants, it has been popular among Iron Range people for generations. Porketta is a popular Italian seasoned pork roast. And Canelake’s hand-dipped chocolates were introduced by a Greek family back in 1905.

▲ **Andrej’s European Pastry**, owned by Jan Gadzo, ships tasty walnut and poppy seed poticas throughout the United States. His shop on Chisholm’s main street looks like it’s transported from his native Slovakia.

Gadzo has been making delicious poticas for 19 years with recipes handed down by his mother. The poticas are always fresh with a shelf life of three weeks. If frozen, they will last up to six months with no loss of taste. There are no artificial ingredients.

Andrej’s accepts orders by phone (218-254-2520), fax (218-254-3291) or email at andrejs_potica@hotmail.com.

▲ **The Italian Bakery** in Virginia and Eveleth is a family-owned business founded in 1905. The Prebonich family make and ship walnut poticas and walnut-raisin poticas anywhere in the world. They use an authentic European recipe that came to America with immigrants.

They recommend serving potica with ham, bacon and eggs, sausage or fruit, or as a dessert with a variety

of toppings such as whipped cream or ice cream. The Italian Bakery uses 100 percent natural ingredients. Never any preservatives!

To order, phone (218-741-3464) or (1-800-238-8830), or email at orders@potica.com.

▲ **Sunrise Bakery** in Hibbing has been family-owned and operated by the Forti family for four generations — since 1913. In addition to walnut poticas, they make and ship pecan poticas; apple, cream cheese and Jewish strudels; Italian biscotti and other ethnic delicacies. All Sunrise products are made from scratch with no preservatives.

Sunrise Bakery also ships meat products such as porkettas and pasties (a Cornish meat pie), which are shipped for overnight delivery.

For more information or for ordering, contact Sunrise Bakery & Gourmet Foods, 1813 Third Ave. E., Hibbing, MN 55746; phone (1-800-782-6736) or e-mail at sunriseb@cpinternet.com.

▲ **Paul’s Italian Market** in Eveleth is located in a grocery store that dates back to 1909. Owner Paul Nemanick makes and ships pasties (meat pies), porkettas (pork butts rolled with Italian spices) and beefettas (an American-Italian cousin made from sirloin tip). This spicy Iron Range favorite is traditionally served on hard Italian rolls.

To order, write Paul’s Italian Market, 623 Garfield St., Eveleth, MN 55734 or phone (218-744-1244).

▲ **Canelake’s Old-Fashioned Homemade Candies** on the main street in Virginia makes individual hand-dipped candy using the same recipe as founder Gus Canelake used in 1905. They use only Grade AA butter, real chocolate and real whipping cream. No preservatives are added. Their famous taster box is available in one-, two- and three-pound boxes. Other homemade candies are also available.

To order, call toll-free (888-928-8889) or e-mail at candy@canelakes.com.

